

# Positive + Trainer Certification Program

Purposeful Training, Transformational Impact



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# Program Overview +

The [Positive Trainer Certification Program](#) is designed to equip educators with the mindset, strategies, and tools to transform teaching into a learner-centered, empowering experience. Moving beyond traditional content delivery, this program fosters an approach where students are active participants and co-creators of their educational journey. At the same time, [educators evolve into facilitators, mentors, and designers of meaningful learning experiences](#).



Grounded in contemporary learning theory and evidence-based practices, the program provides participants with the practical skills and reflective opportunities to:

## 01

Reimagine their role as facilitators of growth and inquiry

## 02

Foster deeper engagement that inspires critical and creative thinking

## 03

Create inclusive, adaptive learning environments where every learner thrives

## 04

Redesign assessment practices to support reflection, growth, and authentic learning

Whether you are a classroom teacher, school leader, or facilitator of adult learning, the Positive Trainer Certification Program offers a [purposeful, reflective, and transformative professional journey](#). By the end of the program, participants will be equipped to spark meaningful change in their classrooms, schools, organizations, and communities—[placing learning, not just teaching, at the heart of education](#).

# Who Should <sup>+</sup>Enroll

The program is ideal for:

School faculty and instructors

Corporate trainers and facilitators

Academic leaders and program directors

Professionals committed to advancing  
learner-centered education





# Learning Outcomes +

By completing this program, participants will be able to:

01

Discuss how to make lectures more participant-centered

02

Discuss the advantages of problem-based learning

03

Explain how practical and experiential learning methodologies contribute to the development of learners' competencies

04

Propose approaches and strategies in delivering blended learning classes

05

Pivot lectures depending on the topic and audience at hand

06

Present various learning tools for data science

07

Share practical tips for engaging participants





# Course Outline +

## Session

## Course Content

01

The Fundamental Elements of Wellbeing

02

The Levels of Psychological Safety

03

The Four A's of Experiential Learning

04

Skills of the Modern High-Engagement Facilitators

05

Lecture on Lectures  
Lecture Application Workshop

06

Online Synchronous Learning  
Online Synchronous Learning Workshop

07

Blended Learning  
Problem-Based Learning

08

Practical Demonstration of Case Teaching  
Forum on Experiential Learning

09

Methods and Tools for Teaching

10

Course Integration  
Graduation

# POSITIVE +

# Program Details +

05  
full days

Program  
Format  
Hybrid

Program  
Schedule  
Nov 2025

Program Fee  
PHP 70,000

# Program Director +

## Positive Trainer Certification Program

Professor Alberto "Albert" Mateo, Jr. is a seasoned business leader, educator, and certified coach. He earned his coaching certification from the NeuroLeadership Institute and is currently a practicing executive coach. Prof. Mateo brings 34 years of progressive experience in the fields of general management, finance, human resources, and management education with multinational sales organizations and academic institutions.

He is currently the Head of the Asian Institute of Management School of Executive Education and Lifelong Learning. Prior to joining the Institute, he served as the President and Managing Director of Hewlett-Packard (HP Inc.) and Pfizer, Inc. in the Philippines.



### Professor Alberto Mateo, Jr.

School Head

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School of Executive Education and Lifelong Learning





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